

## 1. Aquamarine Fukushima Aquarium

Get up close with colorful tropical fish, seals, sea lions, and fish species from nearby waters. Don't miss the Janome Beach, one of the world's largest touch pools.

**Address:** 50 Tatsumi-machi, Onahama, Iwaki City, Fukushima Prefecture

**Phone:** 0246-73-2525

**Opening Hours:** 9:00 AM - 5:30 PM

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## 2. LalaMew Seafood Market

LalaMew is a comprehensive tourist and product exhibition center where you can find a wide range of Iwaki City's specialties, especially fresh and abundant seafood.

**Address:** 43-1 Tatsumi-machi, Onahama, Iwaki City, Fukushima Prefecture

**Phone:** 0246-92-3701

**Opening Hours:** 9:00 AM - 6:00 PM

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## 3. Benten Island, Namiita Coast

Located between Yotsukura and Hisanohama, Benten Island, with its vermilion bridge extending out into the sea along Route 6, is a symbol of the Namiita Coast. It's also a famous spot to view the first sunrise of the year on New Year's Day.

**Address:** In Tanoami, Hisanohama Town, Iwaki City, Fukushima Prefecture

**Opening Hours:** Open 24 hours

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## 4. GAMP HOUSE

This heartwarming traditional house is located in a peaceful rural area and has stood for over 260 years since the Kyoho era. Relax and experience the ancient way of life in this historic building.

**Address:** 37 Akanuma, Hirashimo-Kamiya, Iwaki City, Fukushima Prefecture

**Phone:** 050-5580-8773

**Opening Hours:** Open 24 hours

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## 5. Baryo Park (Nakamura Castle Ruins)

Selected as one of Japan's 100 historical parks, this area has been home to many cherry blossom trees since the feudal era. In spring, hundreds of cherry trees bloom together, creating a stunning and beautiful sight.

**Address:** 140 Kitamachi, Nakamura, Soma City, Fukushima Prefecture

**Phone:** 0244-35-3300 (Soma City Tourism Association)

**Opening Hours:** Open 24 hours

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## 26. Nagi Charyo Monjishima

Enjoy a traditional Japanese multi-course meal made with locally sourced seasonal ingredients.

**Address:** 73 Takarahase, Iwako, Soma City, Fukushima Prefecture

**Phone:** 0244-35-4696

**Opening Hours:** 11:30 AM - 2:30 PM / 6:00 PM - 9:00 PM

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## 7. Minamisoma City Museum

This heartwarming traditional house is located in a peaceful rural area, standing for over 260 years since the Kyoho era. Relax and experience the ancient way of life in this historic building.

**Address:** 194 Ushikure, Haranomachi, Minamisoma City, Fukushima Prefecture

**Phone:** 0244-23-6421

**Opening Hours:** 9:00 AM - 4:45 PM (Closed on Mondays)

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## 8. Meijo-kan

In this historical area, enjoy experiences such as wearing samurai and infantry armor, and feel the charm of the millennium-old Soma Nomaio festival.

**Address:** 2-52 Honmachi, Haranomachi, Minamisoma City, Fukushima Prefecture

**Phone:** 0244-26-8040

**Opening Hours:** 9:00 AM - 5:00 PM

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## 9. MADEI-kan

Opened in August 2017, this building serves as a base for the reconstruction and revitalization of Iitate Village, symbolizing the village's recovery.

**Address:** 12-1 Fukayamae, Fukaya, Iitate Village, Soma District, Fukushima Prefecture

**Phone:** 0244-42-1080

**Opening Hours:** Open 24 hours

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## 10. Yamatsumi Shrine

A rare shrine in Japan that worships wolves instead of guardian dogs, with the deity being the mountain god, Oyamatsumi. Inside the shrine is a statue of a white wolf. The ceiling paintings of the old chapel, damaged in a fire, were miraculously restored by students from Tokyo University of the Arts based on photographs.

**Address:** 37 Akanuma, Hirashimo-Kamiya, Iwaki City, Fukushima Prefecture

**Phone:** 050-5580-8773

**Opening Hours:** Open 24 hours

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## 10. Mano Reservoir

A lake located in the Okura area of Iitate Village, where you can enjoy the natural scenery reflected on the water's surface.

**Address:** Okura, Iitate Village, Soma District, Fukushima Prefecture

**Phone:** 0244-42-1620

**Opening Hours:** Open 24 hours

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## 11. Higashi Nihon Nuclear Disaster Memorial Museum

Through exhibitions, talks, workshops, and research, the museum aims to convey the experiences and lessons of Fukushima's struggle and recovery from an unprecedented complex disaster, sharing disaster prevention and mitigation lessons with both domestic and international audiences.

**Address:** 39 Takada, Naka-no, Futaba Town, Futaba District, Fukushima Prefecture

**Phone:** 0240-23-4402

**Opening Hours:** 9:00 AM - 5:00 PM

## 12. Shinchī Sea Fishing Park

Thanks to the warm seawater from the Soma Joint Thermal Power Station and the ocean currents, various fish gather in this area throughout the year, making it a favorite spot for local anglers.

**Address:** 5th Pier, Soma Port, Imaizumi, Shinchī Town, Soma District, Fukushima Prefecture

**Phone:** 0244-62-5559

**Opening Hours:** 9:00 AM - 4:00 PM

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## 13. Shinchī Pump Track

The first international-level professional pump track in the prefecture, offering a fun venue for both professional athletes and beginners.

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## 14. Karou-no-Yu

Enjoy the historical experience of wearing samurai and infantry armor, and feel the charm of the thousand-year-old Soma Nomaōi festival.

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## 15. Hotel Grado Shinchī

The rooms offer stunning views of nature, with Mount Fuji visible to the west and Shinchī Station on the Joban Line and the Pacific Ocean beyond the park greenery to the east.

**Address:** 1-2 Eki-mae, Shinchī Town, Soma District, Fukushima Prefecture

**Phone:** 0244-26-6888

**Opening Hours:** Open 24 hours

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## 15. Yoru-no-Mori Rose Garden

A rose garden established to revitalize local agriculture and promote regional development. It features a hydroponic (nutrient solution) cultivation facility that grows roses without using soil.

**Address:** 1136 Kamisenri, Tomioka Town, Futaba District, Fukushima Prefecture

**Phone:** 090-1440-1136

**Opening Hours:** 9:00 AM - 4:00 PM

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## 16. Tomioka Winery

Founded in March 2016 by 10 local volunteers with the goal of producing wine in Tomioka Town. It aims to bring life back to the town, which was temporarily abandoned due to evacuation from the nuclear plant.

**Address:** 438-1 Obama, Tomioka Town, Fukushima Prefecture

**Phone:** 0240-23-7606

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## 17. Abukuma Cave

The cave features stalactites hanging from the ceiling and stalagmites that resemble bamboo shoots on the ground, creating a mysterious and ever-changing landscape throughout the journey.

**Address:** 1 Higashikamayama, Sugaya, Takinomachi, Tamura City, Fukushima Prefecture

**Phone:** 0247-78-212

**Opening Hours:** 9:00 AM - 5:00 PM

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## 18. HopJapan Brewery

HopJapan brews beer using a large amount of locally produced hops. By developing the city and connecting the primary industries, it combines "people" and "things" together.

**Address:** 185-6 Kitamuki, Iwaizawa, Miyakoji Town, Tamura City, Fukushima Prefecture

**Phone:** 0247-61-5330

**Opening Hours:** 9:00 AM - 5:00 PM

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## 19. Ten'yama Library

Ten'yama Library is the former residence of famous Japanese poet Shinpei Kusano in Kawauchi Village. Many of his works were created here, and now the house is used for the annual Ten'yama Festival, providing a place for local residents and poets to meet and exchange ideas.

**Address:** 513 Hayawatari, Kamikawauchi, Kawauchi Village, Fukushima Prefecture

**Phone:** 0240-38-2076

**Opening Hours:** 9:00 AM - 4:00 PM

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## 20. Kawauchi Winery

Located in the northwest of Kawauchi Village, in the heart of the Abukuma Highlands, Kawauchi Winery sits at an altitude of about 750 meters, surrounded by vast nature. Each season offers beautiful scenery. Please visit Kawauchi Village to tour the winery.

**Address:** 2-1 Oodaira, Kamikawauchi, Kawauchi Village, Futaba District, Fukushima Prefecture

**Phone:** 0240-25-8868

**Opening Hours:** 9:00 AM - 5:00 PM

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## 21. Ikoi-no-Mura Namie

Nestled on a small hill, this inn is surrounded by lush natural scenery. The spacious rooms allow you to escape the hustle and bustle of daily life, and you can enjoy the sunset from the large communal bath and indulge in delicious, heartfelt meals.

**Address:** 10 Joroku, Takase, Namie Town, Futaba District, Fukushima Prefecture

**Phone:** 0240-34-6161

**Opening Hours:** 24 hours

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## 22. Chansey Park

In 2019, Chansey was appointed as the "Support Pokémon for Fukushima." Located at the Namie roadside station "Michi-no-Eki Namie," this themed park is also the first Pokémon park in Japan!

**Address:** 60 Chimeiji, Namie Town, Futaba District, Fukushima Prefecture

**Opening Hours:** 24 hours

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## 24. Ohori Soma-Yaki Ceramic Museum

Opened in August 2017 as a base for the reconstruction and revitalization of Iitate Village, the building stands as a symbol of the village's recovery.

**Address:** 40 Chimeiji, Namie Town, Futaba District, Fukushima Prefecture

**Phone:** 0240-35-4917

**Opening Hours:** 10:00 AM - 5:00 PM

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## 25. Michi-no-Eki Namie / Suzuki Brewery

A unique wolf-worshipping shrine in Japan that enshrines the mountain deity Ōyamatsumi. Instead of guardian dogs, the shrine features white wolf statues. The ceiling paintings in the old worship hall, which were damaged by fire, were miraculously restored by students from Tokyo University of the Arts using photos.

**Address:** 60 Chimeiji, Namie Town, Futaba District, Fukushima Prefecture

**Phone:** 0240-23-7121

**Opening Hours:** 10:00 AM - 6:00 PM

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## 30. Namie Town Ukedo Elementary School (Disaster Heritage Site)

All students and staff safely evacuated from the tsunami, making this a miraculous school.

**Address:** 56 Mochihira, Ukedo, Namie Town, Futaba District, Fukushima Prefecture

**Phone:** 0244-26-6888

**Opening Hours:** 9:30 AM - 4:30 PM

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## 29. J-Village National Football Training Center

**Address:** 8 Misimori, Yamadaoka, Naraha Town, Futaba District, Fukushima Prefecture

**Phone:** 0240-26-0111

**Opening Hours:** 6:00 AM - 10:00 PM

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## 28. Katsurao Village Forest Park Morimori Land & Katsurao

Enjoy the fun of car camping amidst the natural beauty of Katsurao Village Forest Park.

**Address:** 194 Shikiihata, Katsurao, Futaba District, Fukushima Prefecture

**Phone:** 0240-37-4100

**Reservation Hours:** 9:00 AM - 5:00 PM

**Open Season:** Mid-April to November 30

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## 27. AJISEN Maple-tei

A Japanese restaurant specializing in Kawamata Shamo (gamecock) dishes.

**Address:** 32-1 Murasya-Mae, Tsuruzawa, Kawamata Town, Date District, Fukushima Prefecture

**Phone:** 024-565-3929

**Reservation Hours:** 9:00 AM - 6:00 PM